



GREEN FIELDS NURSERY SCHOOL
B1/12, SAFDARJUNG ENCLAVE,
NEW DELHI 110029



(7.12.20 – 11.12.20)

FIT INDIA MOVEMENT



DAYS	ACTIVITIES
MONDAY	PT AND AEROBICS
TUESDAY	ZUMBA AND HIP HOP
WEDNESDAY	YOGA, MEDITATION, EAT HEALTHY TO STAY FIT
THURSDAY	FITNESS BEATS
FRIDAY	INDOOR GAMES / OUTDOOR GAMES WITH FAMILY

